# Healthcare Technology Management Systems

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Toward a New Organizational Model for Health Services

Luis Vilcahuamán and Rossana Rivas

Reviewed by Tobey Clark



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## Contents

AUTHORS' BIOGRAPHIES	ix
INTRODUCTION	xi

Chapter 1	Healthcare Technology Management (HTM) & Healthcare Technology Assessment (HTA)	. 1
	Healthcare Technology Management—HTM	
	1.1 Healthcare Technology Management and Clinical Engineering	
	1.2 Healthcare Technology Generation Cycle	
	1.3 Healthcare Technology Application Cycle	
	1.4 Processes and Organizational Elements for a Healthcare	
	Technology Management System	12
	Health Technology Assessment—HTA	
	1.5 Definition	14
	1.6 Intervention Levels	17
	1.6.1 Levels of Influence	17
	1.6.2 Levels of Intervention	18
	1.7 Health Technology Assessment: Protocol, Report	18
	1.8 Health Technology Management and Health	
	Technology Assessment	19
	1.9 Health System and the Implementation of Health Technology	
	Assessment	20
	References	20
Chapter 2	Health Technology Policy and Regulation	23
	2.1 Definitions	23
	2.1.1 Policy	24
	2.1.2 Health Technology Policy and Developing Countries	25
	2.2 The Importance of Policy for Healthcare	
	2.3 Policy Principles for Health Care	27
	2.4 Health Care Technology Regulation	
	2.5 Healthcare Policy: General Objectives and Scope	
	References	31

Chapter 3	Huma	an Resources and Healthcare Technology Workforce	. 33
	3.1 A	Aspects About Health and Health Professionals	
		3.1.1 Health Organizations: Complexities and Challenges	35
		Organizational Culture's: Relevance and Influence on Health	
		Staff's Work and Outputs	
		Health Challenges and Competencies of Human Resources	
		3.3.1 Complex Challenges	
		3.3.2 Competencies	40
		Healthcare Technology Management: Quality & Efficiency	
		Related to Human Resources	41
		Healthcare Technology Management and Human Resources:	10
		Some Approaches ences	
	Relef	ences	45
Chapter 4	Healt	hcare Technology Planning and Acquisition	. 47
		Planning the Functional Technology in the Clinical Services	
		dentifying Technology for People's Health	
		4.2.1 Technology Needs Analysis for Clinical	
		Requirements	54
	Z	4.2.2 Healthcare Technology Assessment for Planning	58
	4.3 E	Evaluating Support Technology and Financial Feasibility	60
	Z	4.3.1 Facility Evaluation	61
		4.3.2 Financial Evaluation	
		Planning of New Facilities or Renovation	
	4.5 F	Priority Setting and Budgeting	64
		Acquisition Process of Healthcare Technology	
		ences	
	Furthe	er Reading	69
Chapter 5	Accot	& Risk Management Related to Healthcare	
chapter J		lology	71
		Managing Technology Assets for Clinical Services	
		Document Management and Information Systems	75
		for Healthcare Technology	77
		5.2.1 Nomenclature, Inventory, and Work Orders	
		5.2.2 Information System for Health Technology	, ,
		Management	. 80
	5.3 (	Dperative Management and Inspection Procedures	
		or Functional Technology	81
		5.3.1 Installation and Functional Testing	
		5.3.2 Requirements for Supplies, Materials, Accessories,	
		Consumables, and Spare Parts	85
	5	5.3.3 Functional Inspection Procedures & Preventive and	
		Corrective Maintenance	
	5	5.3.4 Management of Contracts and Attention to Suppliers	87

		Evaluation and Execution for Asset Retirement Medical Technology Support	
	5.4 Mana	ging Risk for Functional Technology in Clinical Service Techno Surveillance: Technology Risk Management	
		in Clinical Services	93
	5.4.2	Techno Surveillance: Technology Adverse Event	
		Management—Registration and Resolution	94
	5.4.3	Technology for Occupational Health	95
	5.4.4	Metrological Verification Management	96
	5.4.5	Infection Control & Hospital Waste & Disaster	
		Mitigation Management	98
	References	5	99
	Further Rea	ading	101
Chapter 6	Quality &	Effectiveness Improvement in the Hospital:	
	Achieving	Sustained Outcomes	103
	6.1 Healt	h Technology and the Context of Healthcare	103
	6.1.1	Topics of Education for Healthcare Workforce	104
		Health Technology Management—HTM	
		Biomedical Engineering—BE	

	Future		110
	6.4 Improving Quality and Ef	fectiveness in the Health	
	Organization: Developme	ent of Skills, Transfer of	
	Knowledge, and Exchang	ge of Best Practices	111
	6.4.1 Training		111
	6.4.2 Strategies and To	ols for Assessment of Needs	111
	6.4.3 Building Capacitie	es of Health Workforce: A Strategic	
	and System Appro	bach	112
Chapter 7		tion in Healthcare Technology	
	, , ,	hnology Issues to Research	
	1.2 rechnological Innovation	for Quality Improve in Hospitals	

6.3 Hospital: Facing the Present and Being Aligned to the

Techr	nological Innovation for Quality Improve in Hospitals	128
Desig	ning Alternatives for Better Technology in Hospitals	s130
Trans	fer Technology, Startups, and Scientific and	
Techr	nology Park	137
7.4.1	An Era of Knowledge-Based Societies	142
7.4.2	Technopolis to Boost Regional Economic Growth	
	and Innovation	142
7.4.3	Global Networks for Mutual Cooperation Among	
	Technopolises	
erences	5	143
	Desig Trans Techr 7.4.1 7.4.2 7.4.3	Technological Innovation for Quality Improve in Hospitals Designing Alternatives for Better Technology in Hospitals Transfer Technology, Startups, and Scientific and Technology Park

Chapter 8	Improvement Healthcare Projects: Meeting Healthcare	
	and Technology Challenges	. 145
	8.1 Healthcare Challenges	145
	8.2 Trends and Emerging Technology	146
	8.3 Facing the Change in Health Systems	146
	8.3.1 Systems Engineering and Healthcare	
	8.3.2 Management Perspective to Improve Quality of Care	152
	8.3.3 Systems Approach to Improve Healthcare:	
	Health-Related Technologies	155
	References	157
Chapter 9	New Organizational Model for Hospitals in the New	
	Technology Context	159
	9.1 Functions and Processes for New Integrated Healthcare	. 107
	Technology Management System	166
	9.2 New Organization Structure for New Healthcare Technology	
	Management System: A Proposal	
	References	
	Further Reading	
INDEX		. 183

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### Introduction

Problems are part of solutions, it is said. What is going on in hospitals?

The book is aimed toward technology decision makers, stakeholders and users in hospitals, institutions of research, health regulatory agencies, and other related organizations. In this regard medical staff, engineers, nurses, care technicians, managers, researchers, policy-makers, head of clinical services, and students are considered as the audience. We think also that the book will provide students and professionals a practical approach to improve the technology status in hospitals and other healthcare organizations.

We observe that the status and the utilization of technology in hospitals change according to the surrounding environment. Certainly effective regulations, appropriate budgets, and an adequate organizational culture result in a better response from the health organization but in general all of them have distinctive problems. In developing countries problems are related to lowlevel medical devices operability, undetected high risks resulting from the use of technology, high costs and the disarticulated work that characterizes the labor of health staff, administrative staff, the technical team, and the engineers.

Biomedical Engineering—BME brings a distinctive impact to medicine and health, in particular Clinical Engineering—CE which focuses on the improvement of technology status in hospitals, BME and CE are relevant changedrivers, but in general they find barriers for the implementation expected. Next to the observation of the current status of technology it is obvious that something is not working or something is missing. A trusted health service, with clinical effectiveness and reasonable costs, requires a strategy. The authors worked on this book to provide insights for new ways to define the strategy. For this purpose, we include a holistic concept of what technology is, the integration, the inter- and multi-disciplinary approach, the network of communication between the stakeholders and, last but not least, the approach that the patient is the priority person and job recipient of health staff, administrative, technicians, and engineers. Raising the target: In hospital functioning with appropriate technology, are we talking only about medical equipment? Are purchase, installation, and maintenance activities all we need? A skillful engineer is all which is required to accomplish the target? Is it needed to hire an engineer? or it is enough a technician. What is the suitable coordination between the engineer or technician and the medical and administrative staff? These and other questions are unresolved in the hospital, so we think the best is to start at the beginning.

Technology and Technic are both relevant concepts but have a different meaning; for hospitals, the best is to talk about Technological level capacity and Technical level capacity. See the difference as follows:

Technology [Webster Dictionary]: (1) The practical application of science to commerce or Industry (syn. Engineering). (2) The discipline dealing with the art or science of applying scientific knowledge to practical problems.

Technique [Webster Dictionary]: (1) Practical method or art applied to some particular task. (2) Skillfulness in the command of fundamentals deriving from practice and familiarity (syn. Proficiency, facility).

In order to have a hospital with *technological capacity*, it is necessary to have the scientific knowledge applied to the practical problems. On the other hand, to have the technical capacity is required to have the skill achieved through fundamental and daily practice. Both are basic and essential, also, the proper balance between them is critical. The technological complexity of the hospital is increasing and requires professionals with a capacity for analysis and synthesis, that is, they have scientific knowledge to solve the problems, be they engineers, physicists, or even administrators or architects. In this sense, we consider the scientific knowledge a basic capacity in the hospital regardless of the size of the hospital. Since it is impossible for the professional to be an expert in all technologies, the natural tendency is to move toward specialization, as is the case with specialization in the various clinical services. The current complexity of hospital technology demands that experts in the hospital field be consulted and at this point it is practically inappropriate to consider an engineer with a traditional education away from hospitals, it is true that every engineer will be able to learn and adapt in some way, but it is also true that particular training is required to master the technologies currently in use in hospitals such as biomedical engineers and clinical engineers.

### HEALTH TECHNOLOGY

According to the World Health Organization [1], when referring to Health Technology the definition must include clinical technologies (medical procedures, medical devices, drugs, and medical materials); support technologies (infrastructure and hospital systems, energy systems, information systems and communication, and the organization itself); also technologies for community health should be included: prevention technologies, protection, and promotion; and even technologies for environmental health. Technology has reached high levels of complexity, sophistication and today it is essential to be able to provide health services with the expected level of quality [2]. Complexity and risk related to the investment determine having an approach of new organizational structures and management, both key to deciding issues effectively taking into account the high costs of acquisition and operation, risk control, clinical effectiveness and efficiency in the use of technological resources; all of which makes a sustainable health system whether in a developed or developing country. Consider, as we did in the 1960s that health technology is only a matter of repairing medical equipment is obsolete and inadequate. Technological resources are more than ever, capital assets of high economic value, essential in clinical service and require specialized decisions focusing on the benefits of investment. Nowadays, it is not enough to have a medical devices operative, what really serves to medical staff and especially what serves patients are functional clinical environments, absolutely everything technological must work to the point of being effective for the clinical procedures. This is one of the milestones of this book; to achieve a functional clinical environment as a result of integrated and specialized work.

### THE TECHNOLOGY USER AND DESIGNER

The lack of hospital technology specialists determines that in many places the users, called healthcare staff, require to complement the designer approaches and strategies. This is very common, even useful if developed carefully, but it is also harmful often. The following analogy will help us to understand this: the captain of the airplane is in charge of the passengers during the flight, in a similar way it is the doctor who is in charge of his patients. On the plane, the captain is an expert staff in all maneuvers and forecasts in order to carry passengers safe and on time to their destination, he knows in depth the operation and limitations of the airplane, he may even review the functionality of the airplane and propose improvements. However it is not the captain who designed the plane. They were specialists who designed the plane probably not known to the captain nor the passengers. So why assume that the healthcare staff should provide all the information required to design a clinical service? The information and opinion provided by the healthcare staff is important, but as in the case of the airplane, designing a hospital requires having expert designers with different

range and level of competence. The user of technology has a different field of action with regard to technology designers and both must interact. On the other hand, health system must have technology designers. They may be biomedical engineers, clinical engineers, hospital engineers, health managers, architects of hospitals, medical physicists, and other specialists of the health sector, which in the 21st century is a sector by nature interdisciplinary [2]. It is clear that today in many places this expertise does not exist or there are insufficient skilled health professionals in technology.

### ENGINEERS IN THE HOSPITAL

To what extent can the engineers intervene in a hospital? Traditionally hospitals in developing countries, health organizations call for engineers with conventional education: electrical, electronic, mechanical, industrial engineers, etc. By observing the curriculum, there is few or no courses related to hospitals, hopefully there are some additional courses in biomedical. We think that the traditional education of engineering is not enough to work in hospitals. How can the engineers work adequately with the previously described types of technology without specialized education? The conventional engineers, untrained in hospitals, tend to address only the maintenance and neglects the other substantive interventions such as the design of clinical services, support for the development or implementation of clinical procedures, analysis of events related to safety, assessing cost-effectiveness of the technologies used, technology planning, design of technology strategies, among many other possible and necessary interventions that this book describes. An essential cross-cutting issue should then be observed: health sector demands professionals with strong background in biomedical and hospital technology, based on physiology, mathematics, physics, chemistry, and biology of the human body, in addition to engineers being able to apply engineering sciences to the clinical aspects of the hospital.

In developing countries, hospitals often have a distant organizational structure related to the integrated technology management. Consequently, the engineer is not motivated to develop a career in hospitals. The resulting inefficiency and lack of clinical effectiveness, both direct consequences of the situation described above, will generate possibly much higher unnecessary costs to the investment that would be realized if the hospital had hired the right people. The negative scenario then is against one of the relevant objectives of the hospital: raising the functionality of the technology in a costeffective way. The paradox here described is still poorly understood and explains why hospitals lack economic resources due to technological decisions (see Chapter 4: Health Technology Planning and Acquisition) [3], and it also lets us understand the reason for resistance in hospitals to incorporate expert engineers.

We think a key aspect required to achieve the expected objectives is that the modern engineer for hospitals should take in count, either a biomedical engineer or clinical engineer or other similar professional interacting not only with the healthcare staff, but keep also an open mind to other disciplines such as architecture, economics, law, and administration. To do this, it is required to think of a new structure of hospital organization and its processes, a hospital structure in which all the aspects of technology work in a coordinated and functional way to the benefit of the patient and the health professionals. This is another milestone of this book.

### ETHICS IN HEALTH ENGINEERING

Related to this book, we cannot fail to mention our commitment to ethical principles concerning Health Engineering [4,5]: beneficence (benefiting patients), nonmaleficence (doing not harm), patient autonomy (the right to choose or refuse treatment), justice (the equitable allocation of scarce health resources), dignity (dignified treatment of patients), confidentiality (of medical information), informed consent (consent to treatment based on a proper understanding of the facts), and human enhancement (design to enhance healthy human traits beyond a normal level).

The purpose of the book then is to provide a model and its components to implement an effective Healthcare Technology Management (HTM) system in hospitals, and reflect on the need to rethink the hospital organization for decision-making processes related to technology. Current models of management and organization of technology in hospitals have evolved over the last 40 or 60 years ago, according to totally different circumstances than now, therefore, they all have a "factory default." Our proposal is that in the context of new technologies it is not enough to update the obsolete model, but requires a re-engineering of management and organization to achieve adequate levels of clinical effectiveness, efficiency, safety, and quality that users expect of the technology used in hospitals. Many of the current premises on good practices in HTM provided by specialized institutions on health are impracticable due to the lack of human resources, responsibility, and adequate procedures for the implementation of the proposed processes.

The book is aimed at decision makers, stakeholders and users of technology in hospitals, research institutions, health regulatory agencies, and other organizations related. In this regard, three aspects are relevant in the book: (1) the focus from a "field perspective" in health technology and the "holistic approach," including the academia background and research; the perspective then is not general but integral; (2) the inclusion of the perspectives, knowledge, and best practices of expert global organizations; and (3) the two authors' experience on exchanging with health sector stakeholders from developed and developing countries over a significant number of years to the present.

Finally, we think that the current problem regarding the status of medical devices can be improved in a viable way. The contribution of many experts and researchers in many different parts of the world over recent years has established advances and open doors. The following steps may be oriented to consolidate a better organization and processes for proper management, not only with respect to medical devices, but referred to the technological environment in hospitals. The solution designed in this context will largely exceed the original problem, giving better opportunities for patients and for everyone in general.

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